

HAIR TRANSPLANT

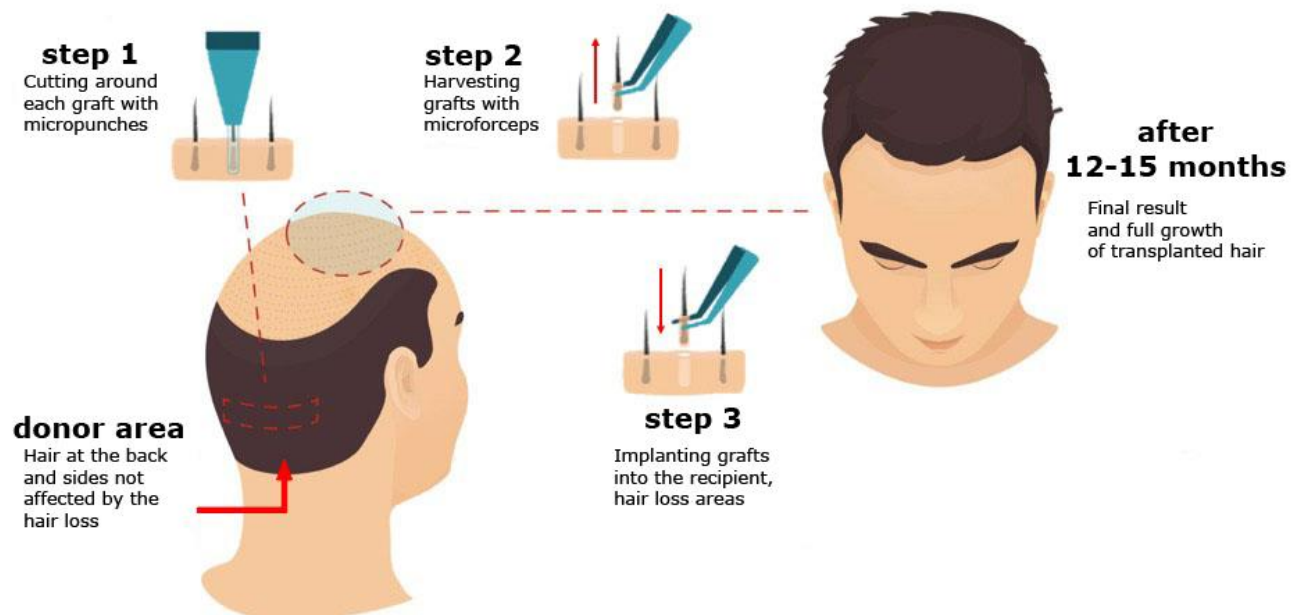
Patient Information Guide — Mumbai, India

About the Procedure

A hair transplant is a permanent, minimally invasive procedure that moves healthy hair follicles from a donor area (usually the back of the scalp) to areas of thinning or baldness. The most common modern technique is FUE (Follicular Unit Extraction), which leaves no linear scar and allows for a natural-looking result.

The procedure is performed under local anaesthetic — you are awake and comfortable throughout, with breaks provided. Most procedures are completed in a single day.

Micromotor-assisted FUE Hair Transplant



Our Surgeon — Dr. Sumit Agarwal

Dr. Sumit Agarwal is based at Harley's Hair Transplant Clinic in Mumbai and has extensive experience in hair restoration for international patients. He provides a thorough assessment based on your photos prior to travel, and a full clinical evaluation on arrival.

Typical Procedure Schedule

The schedule generally follows this pattern:

- Day 1 — Consultation, blood tests and fitness assessment
- Day 2 — Hair transplant procedure
- Days 3 & 4 — Rest and recovery
- Day 5 — Follow-up appointment with surgeon

Blood tests are required before the procedure. Your surgeon may also recommend medication to improve the thickness of your existing hair prior to surgery.

What to Expect: Day-by-Day Recovery

Day 0 — Procedure Day	Carried out as a day procedure under local anaesthetic. You are awake but comfortable, with breaks as needed. Scalp may feel tight or tender afterwards. You return to your hotel the same day with clear aftercare instructions and medication.
Days 1–2	Usually the most uncomfortable days, though discomfort is generally mild to moderate and well controlled with medication. Some swelling around the forehead or eyes is possible — temporary and harmless. Sleep with head slightly elevated. Grafts will be clearly visible.
Days 3–4	Swelling begins to settle. Small scabs form around each graft — this is completely normal. Mild itching may occur; do not scratch or pick at the area. Gentle washing typically begins at this stage, following the surgeon's instructions.
Days 5–7	Scabs begin to dry and fall off naturally. Redness is still present but gradually fading. Most people feel comfortable going out and about. A loose-fitting hat may be worn if advised.
Days 8–10	Most scabs have cleared and the scalp is healing well. You'll usually feel physically back to normal. Some transplanted hairs may start to shed — this is expected and part of the normal growth cycle, not a sign of failure.
After Day 10	Hair growth happens gradually over the coming months, with visible regrowth typically starting around 3–4 months. Results continue to improve for up to 12 months.

Key Things to Remember

- Swelling, redness, scabbing, and some shedding are all completely normal parts of healing
- The first 10 days are about protection and gentle care — follow all aftercare instructions carefully
- Do not scratch or pick at the scalp during the healing phase
- Most people find recovery far easier than they expected
- Final results take time — visible regrowth typically begins around 3–4 months, with full results at 12 months
- Patience is part of the process!

How Much Area Can Grafts Cover?

Surgeons typically aim for 30–45 follicles per cm² for a natural-looking result, or up to 60+ per cm² for maximum density. The table below gives a general guide — but every scalp is different, and your surgeon will assess your individual area and donor supply.

Graft Count	Approximate Coverage & Suitability
1,000 grafts	Covers approx. 25–35 cm ² . Good for a small crown patch or minor frontal recession.
2,000 grafts	Covers approx. 50–70 cm ² . Larger crown thinning or moderate frontal hairline restoration.
3,000 grafts	Covers approx. 80–100 cm ² — roughly the size of your palm. Significant bald patch or frontal zone plus crown.
4,000–5,000 grafts	Covers approx. 100–140 cm ² . Extensive loss across both the front and crown.
6,000+ grafts	Covers approx. 150–180 cm ² . Large-scale restoration for grade 4–5 hair loss covering most of the top of the scalp.

How Many Grafts for a Bald Spot?

A typical isolated crown bald patch ranges from 15–40 cm² depending on how advanced the loss is. As a general guide:

✓	Small crown patch (15–20 cm ²) — approximately 800–1,500 grafts
✓	Medium crown patch (20–30 cm ²) — approximately 1,500–2,500 grafts
✓	Large crown patch (30–40 cm ² +) — approximately 2,500–3,500 grafts

Important: your surgeon will also assess how much donor hair you have available at the back and sides of the scalp. You can only transplant what exists — someone with fine or sparse donor hair may not be able to harvest the full number of grafts needed even if the bald area is large.

Why India Represents Outstanding Value

At approximately NZ \$3,000 for 3,000 grafts in Mumbai, the cost savings compared to having the same procedure in New Zealand are significant:

✓	3,000 grafts in India — approx. NZ \$3,000 (covering roughly 80–100 cm ²)
✓	3,000 grafts in New Zealand — approx. NZ \$18,000–\$36,000 for the same coverage
✓	Potential saving of NZ \$15,000–\$33,000 — even after flights and accommodation



Our Mumbai surgeon is JCI-accredited and experienced in treating international patients

Pricing — Hair Transplant (Mumbai)

Item	Cost
Hair Transplant — approx. 6,000 follicles (grade 4 hair loss)	INR 190,000 + 18% GST (approx. NZ \$3,400 upwards + taxes)
Included in price	Surgeon's consultation, procedure charges, anaesthesia, 7 days of antibiotics, all pre- and post-surgery consultations
Please note	Price is based on current exchange rate and is valid for 3 months from date of quote. Final treatment plan may be adjusted after clinical evaluation.

Next Steps

To receive a personalised quote and get started, here is what we will need from you:

- A set of photographs of your scalp (front, top, and sides) taken in good natural light — please refer to the photographic standards guide provided
- Your completed medical assessment form (link provided separately)
- Your preferred travel dates so we can check surgeon availability

Once we have these, we can confirm your quote, schedule your procedure, and arrange your airport transfer, accommodation, and all hospital appointments. You will be well looked after every step of the way!

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