



INFORMATION

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JBTG - JACKIE BROWN TRAVEL GROUP
A.K.A BUMS, TUMS AND GUMS!
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The Credentials Nobody Can Match - The Results No Body Can Resist

Join me on an Escorted medical tour or travel independently to enchanting Thailand for cosmetic or dental restorative surgery

Realise the arts of the possible and Emerge to incredible possibilities.

Having been in the travel business for 25 years, my determination for restorative surgery was realised last year and after incredibly successful surgery I decided to share my dreams with others looking for affordable cosmetic treatment. I book your flights, accommodation and your surgery.



So why Thailand?

Not only is it the land of smiles but it's the perfect place to incorporate a relaxing holiday whilst recovering from surgery.

The Thai hospital surgeons are specifically catering to overseas patients and as such provide hundreds of different medical procedures and since the majority of their clients are international, their quality and safety of service is ultimate. I honestly believe the medical treatments in Thailand are where excellence blends with experience.

My approach to cosmetic enhancement begins with educating, comforting and enlightening my clients.

Cosmetic surgery makes it possible to correct many facial flaws and signs of premature aging that can undermine self-confidence. By changing how you look, cosmetic facial surgery can help change how you feel about yourself. At JBTG I will insure that your surgeon is a trained professional in his or her field.

Cosmetic Procedures:

Let me help you develop your appearance and personal well being. The surgeons are committed to help you achieve a rejuvenated look by combining knowledge, skill and experience with the most advanced technology available. All surgeons have extensive training and experience and are dedicated to the highest standards of patients satisfaction, welfare and surgical excellence.

- | | | |
|------------------------------|-------------------------------|--------------------------------|
| ✓ Breast augmentation | ✓ Lipo Selection by Vaser | ✓ Bat Ear Correction |
| ✓ Face and Neck Lift | ✓ Abdominoplasty "tummy tuck" | ✓ Aralplasty |
| ✓ Blepharoplasty | ✓ Breast Reduction | ✓ Chin Correction |
| ✓ Upper/Lower Blepharoplasty | ✓ Breast Lift | ✓ Cheek Bone Augmentation |
| ✓ Rhinoplasty (correction) | ✓ Botox | ✓ Scar Revision |
| ✓ Liposuction | ✓ Brow lift | ✓ Hair Removal |
| | ✓ Lip Augmentation | ✓ Skin Tightening & Contouring |
| | ✓ Wrinkle Correction | |

It is important to note that Insurance does not cover surgery that is done purely for cosmetic reasons.



Facial plastic surgeons may perform any or all of the following:

Nasal surgery

Rhinoplasty (rye -no-plasty) is surgery of the nose—where cartilage and bone are reshaped and reconstructed and excess bone or cartilage may be removed. Recovery time is approximately one week.

Results: Permanent.

Eyelid surgery

Blepharoplasty (blef-a-roe-plasty) is surgery of the eyelids where fat and excess skin, bags, pouches, wrinkles in the eye area are removed to make the eyes look less tired. Recovery time is approximately one week.

Results: Lower lids, permanent; upper lids, ten years.

Facelift

A rhytidectomy (rit-id-ek-tomy) is surgery to remove excess skin and tighten muscles in the neck and lower part of the face. Recovery time is approximately two weeks.

Results: From five to 10 years, depending on the patient.

Forehead lift

A forehead lift—or browlift— is surgery to minimize forehead lines and wrinkles, and elevate brows to reduce lid drooping and provide a refreshed appearance. Recovery time is about 10 days.

Results: 10 years.

chin augmentation

Genioplasty (jeen-e-o-plasty) or mentoplasty (men-to-plasty) is surgery to augment a small chin or reduce a prominent chin. Recovery time is about one week.

Results: Permanent.

Ear surgery

Otoplasty (oh-toe-plasty) is surgery to “pin back” the ears by reshaping the cartilage. Recovery time is about one week.

Results: Permanent.

Skin resurfacing

The outer layer of the skin may be removed with a laser (laser skin resurfacing), a liquid (chemical peel) or a spinning brush (dermabrasion) resulting in smoother and less wrinkled skin. Recovery time is about one to three weeks.

Results: Generally permanent.



**Accommodation in
Pattaya**

BODY CONTOURING

Time to complete the picture! You've done the hard yards, you have lost significant weight. Your weight loss has not only improved your health but your entire appearance. Your self esteem has never been better, except for one tiny problem.....excess sagging skin.

Sadly this is a by product of weight loss, but the good news is body contouring surgery, which removes excess fat and sagging skin to give the body a more natural, toned appearance.



BREAST AUGMENTATION

If you are on a journey to a new you, take the first step and let's get an appointment with our surgeons...you deserve it.

During surgery to enlarge the breasts (augmentation mammoplasty), an implant is placed under the breast tissue or under the chest muscle beneath the breast. An implant is a soft silicone shell filled with silicone gel or a saline (saltwater) solution.

To position the implant, an incision is made in the bottom crease of the breast, the armpit, or along the lower edge of the areola (the coloured area surrounding the nipple). The implant is inserted through the incision and may be placed under either the breast tissue or the chest muscle beneath the breast. Some doctors believe that putting the implant beneath the chest muscle lowers the risk for a condition called capsular contracture (hardening of tissue surrounding the implant) and interferes less with mammography than when the implant is under the breast tissue but in front of the muscle. After the implant has been carefully adjusted to the correct shape and position, the incision is closed with stitches.

A breast lift (mastopexy) may be done at the same time as the breast enlargement. A breast lift can raise sagging or drooping breasts and elevate the nipple and areola. To lift the breasts, excess skin from the bottom of the breast and the area around the areola is removed. The remaining skin is then brought together, which tightens and raises the breast. A breast lift requires larger incisions than a breast enlargement alone. Incisions may extend from the areola down to the crease where the bottom of the breast meets the chest.

What To Expect After Surgery

Immediately after the surgery, gauze is taped over the stitched incisions, and the breasts are wrapped in an elastic bandage or supported by a special bra. The stitches may be removed in 7 to 10 days.

Most women have some swelling, bruising, and soreness in their breasts for several days after the procedure. Medicine can help relieve the pain. Swelling and bruising may last for several weeks.

Some women also have a burning sensation in their nipples right after surgery. Wearing a supportive bra 24 hours a day can help reduce swelling and support the breasts while they heal.

Most women can resume their normal work and social activities within a few days, unless those activities involve heavy lifting or strenuous exercise. Your doctor will tell you when you can return to more vigorous exercise and activities.

You will have scars after breast enlargement surgery. But these are usually in well-concealed areas (such as the crease under the breast, the armpit, or the border of the areola). These procedures are designed to minimize scarring so that incisions are not easily seen. Scars usually fade after several months. Having a breast lift in addition to an enlargement leaves larger, more visible scars.



YOUR WEDDING DAY....BE GORGEOUS

I am not only a surgical tour consultant but also a marriage celebrant so I know that when planning for your wedding day there's a lot to think about. To look your most beautiful, I have compiled a list of guidelines and a recommended schedule of treatments throughout the year, leading up to your big day.

9-12 MONTHS PRIOR:

- If you are considering a surgical solution, contact me so that I may send your photographs and requirements to the plastic surgeon so that he is in position to discuss your options, including: breast surgery, body contouring and facial rejuvenation.
- Schedule a consultation with skin centre in Thailand. If you're looking to rejuvenate your skin and create a smoother, more radiant, youthful complexion for your special day, then the clinic will help you realize your goals.
- Begin your advanced skin care regime (Facial Services, Chemical Peels, Microdermabrasion, Body Contouring treatments for cellulite and tightening)

EYELID SURGERY

Understanding Blepharoplasty

Every year, hundreds of thousands of men and women choose blepharoplasty to improve the way they look. Droopy eyelids can make you look older and can also impair vision. Blepharoplasty corrects these problems and also removes puffiness and bags under the eyes that make you look worn and tired. This procedure cannot alter dark circles, fine lines and wrinkles around the eyes, nor can it change sagging eyebrows. Though blepharoplasty is often performed as a single procedure, your surgeon may also recommend a browlift, facelift, or skin resurfacing to achieve the best results.

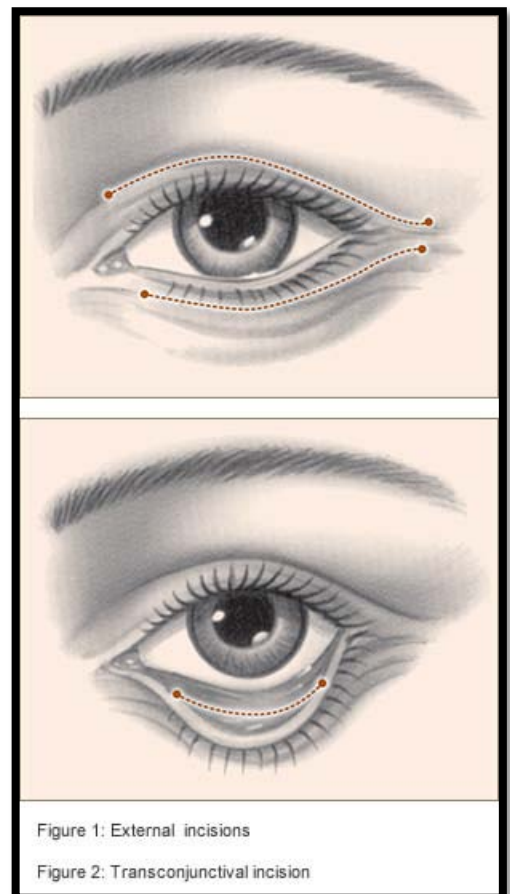
Understanding the Surgery

In upper eyelid surgery, the surgeon first marks the individual lines and creases of the lids in order to keep the scars as invisible as possible along these natural folds. The incision is made, and excess fat is removed or repositioned, and then the loose muscle and skin are removed. Fine sutures are used to close the incisions, thereby minimizing the visibility of any scar.

In lower eyelid surgery, the surgeon makes the incision in an inconspicuous site along the lashline and smile creases of the lower lid. Excess fat, muscle, and skin are then trimmed away before the incision is closed with fine sutures. Eyelid puffiness caused primarily by excess fat may be corrected by a transconjunctival blepharoplasty. The incision in this case is made inside the lower eyelid, and excess fatty material is removed. When sutures are used to close this kind of incision, they are invisible to the eye. They are also commonly self-dissolving and leave no visible scar. Under normal conditions, blepharoplasty can take from one to two hours.

What to Expect After the Surgery

Immediately after the surgery has been completed, your surgeon may apply tiny sterile bandages. This is not done for transconjunctival blepharoplasty. It is not crucial that the eyes be covered. However, an ointment to prevent dryness of the eye area may be used. A certain degree of swelling and bruising is normal. Cold compresses, as well as head elevation when lying down, will enhance healing and relieve discomfort. Your surgeon will prescribe medication for discomfort.



FOREHEAD LIFT

Understanding Forehead and Brow Lift: The effects of aging are inevitable, and, often, the brow and forehead area show the first signs. The skin begins to lose its elasticity. Sun, wind, and the pull of gravity all affect the face, resulting in frown lines, wrinkling across the forehead, and an increasing heaviness of the eyebrows. Even people in their thirties may have faces that look older than their years. Others may mistake your appearance as tired, angry, or sad when this is not how you actually feel. As a result, many people have opted for a procedure known as the forehead lift. Based on variations in how men and women age and on new advances in medical technology, different methods are used to perform this procedure

Understanding the Surgery

The main difference among the various options for forehead lifting consists of the placement of the incision.

The newest approach is endoscopic surgery. Several small incisions are placed just behind the hairline and a scope is used to assist in the surgery. In the right patient this procedure results in less risk of numbness and scarring while having a faster recovery.

Other techniques use longer incisions to lift the brow and the location is determined by your surgeon after examining you and discussing with you the various options. While all the various procedures will raise the brow and smooth the forehead, some can even lower a high hairline and improve facial balance and harmony.

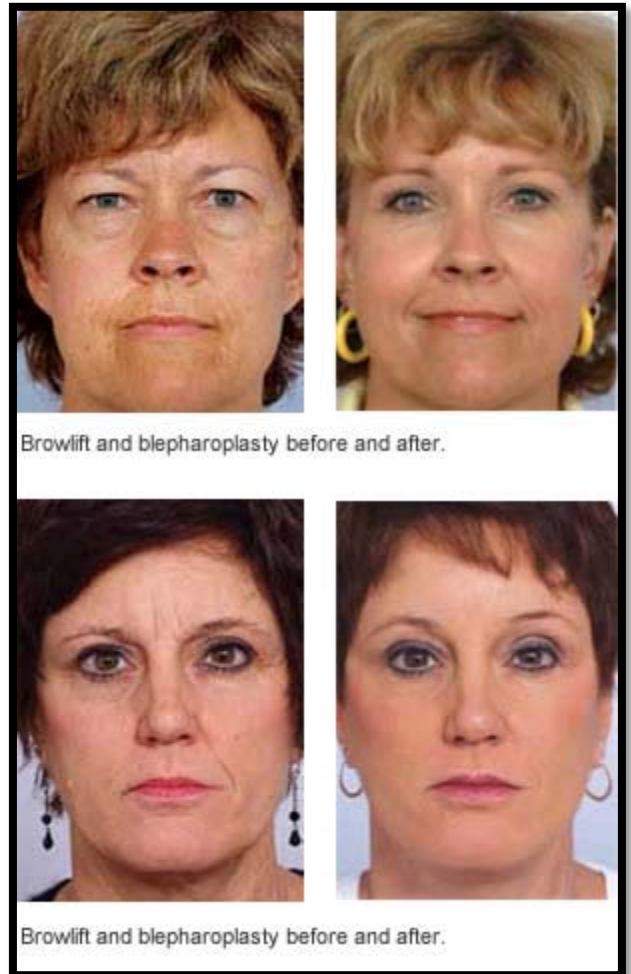
A forehead lift typically takes between one to two hours to perform. It is most commonly performed under IV sedation or twilight anesthesia.

Forehead lifting is commonly done along with upper eyelid surgery for an optimal result. Consultation with a facial plastic surgeon will help you best determine which type of procedure is best for you.

What to Expect After the Surgery

You will experience a certain amount of swelling and bruising in the 10-day period following surgery. In some patients, this condition may include the cheek and eye area as well as the forehead. You will be advised to keep your head elevated in order to reduce swelling. Cold compresses may further reduce swelling. As the incisions heal, you may experience some numbness as well as itching, both of which will diminish with time. The sutures are usually removed within seven to 10 days following surgery. If bandages have been used, they are removed in one to three days. It is important to follow the advice of your surgeon on resuming normal activities. For most patients, the recovery time will not exceed two weeks, but patients may still be advised to avoid strenuous activities for longer periods. Any prolonged bruising can be camouflaged with standard make-up techniques.

Not infrequently, a brow lift is combined with Blepharoplasty (an eyelid tuck) or face lift to provide a harmonious rejuvenation.



NOSE SURGERY

Understanding Rhinoplasty: Every year, half a million people seek consultation for enhancement of the appearance of their nose. Some are unhappy with the nose with which they were born or the way aging has changed their nose. For others, an injury may have distorted the nose and in many, there is the additional goal of improving breathing. As the nose occupies a central position on the face, the size and shape of the nose has a great impact on an individual's appearance.



Understanding the Surgery

The term rhinoplasty is derived from the German "rhinoplastik" which means "changing the shape of the nose". The technique involves first accessing the bone and cartilage support of the nose. This is achieved through incisions made inside the nose, where they are invisible. In some cases, an incision is made in the area of skin separating the nostrils. Next, the underlying bone and cartilage is reduced, augmented or rearranged to create a newly shaped structure. For example, if the tip of the nose is too large, the surgeon can sculpt the cartilage in this area to reduce it in size. If the bridge of the nose has a prominence, this can be reduced to yield a more pleasing profile. If any portion of the nose appears disproportionately small, cartilage or soft tissue grafts can be placed to create better harmony. The angles of the nose in relation to the upper lip or the forehead can also be altered by further sculpting the nasal support structure.

The tissues are then redraped over the new frame and the incisions are closed. A small plastic splint is applied to the outside of the nose to minimize swelling and to help maintain the new shape while

the nose heals. Soft, absorbent material may be used inside the nose to maintain stability along the dividing wall of the air passages called the septum. Alternatively, soft nasal supports that permit nasal breathing post-operatively can be placed.

Even a minor correction can make a difference in overall facial harmony.

Most patients report little or no pain after nasal surgery, and any discomfort is easily controlled with mild pain medication.

What to Expect After the Surgery

Upon completion of the surgery, you will be monitored in the post anesthesia recovery area until you feel well enough for discharge home. The majority of patients do not experience any significant pain, however, analgesic medications can be given as needed for post operative discomfort. Whether packing is placed in the nose or not, most patients will comment that their nasal breathing is limited in the first few days after surgery. This is a result of intranasal swelling and as the swelling subsides, the breathing improves. Your face will feel puffy, especially the first day after surgery. Some patients develop swelling and/or bruising around the eyes. This generally subsides in the first 2-5 days after surgery. Cold compresses will help minimize and reduce the bruising and any discomfort. Absorbable sutures are generally used inside the nose and do not need removal. Any external sutures, if required, are removed in 5-8 days. Nasal dressings and splints are also removed at 5-10 days after surgery.

It is imperative that you follow your surgeon's post operative instructions. Keeping your head elevated will minimize swelling. It is important not to blow your nose and to avoid any impact to the nose while the structures inside and out are healing. Activities such as heavy lifting, excessive exertion, sun exposure or any activity that would increase the risk of injury should be avoided. If you wear glasses,

you must be careful not to exert excess pressure on the bridge of the nose. Tape and other devices are sometimes used to permit wearing glasses without stressing the area during healing.

Follow-up care is crucial to success in rhinoplasty. Any concerns regarding your post operative course such as excess bleeding, unexpected swelling, fever or significant pain should be reported to your surgeon immediately. It is essential that you keep your follow-up appointments with your surgeon. As your healing is being monitored, there may be techniques such as massage, use of nasal sprays or even small injections of cortisone like medications that can further enhance the desired result.

FACE LIFT

Understanding Rhytidectomy: Aging of the face is inevitable, over time the skin begins to loosen on the face and neck. Crow's feet appear at the corners of the eyes. Fine forehead lines become creases and then, gradually, deeper folds. The jawline softens into jowls, and beneath the chin, another chin



or vertical folds appear at the front of the neck. Heredity, personal habits, the pull of gravity, and sun exposure contribute to the aging of the face. As the aging population grows, it is obvious why rhytidectomy has become the third most desired facial plastic surgical procedure.

"I always told myself that when the muscles of my face started going south, I would have something done – right away. I didn't want to wait so long that the surgery would cause a remarkable difference. So, 12 months ago, I had a facelift, and I haven't regretted it for a moment. It didn't give me a new face – it gave me back my old face, the way it was 10 years ago. The changes were so subtle that no one has any idea I did it, and that's what I wanted – to look like me, only better." – Jackie Brown age 58

Understanding the Surgery

Your surgeon begins the incision in the area of the temple hair, just above and in front of the ear. Next it continues under the earlobe and follows the back of the ear and blends into the hairline. The skin is gently lifted as the surgeon repositions and tightens the underlying muscle and connective tissue. Some fat may be removed, as well as excess skin. For men, the incision is aligned to accommodate the natural beard lines. In all cases, the incisions are placed where they will fall in a natural crease of the skin for camouflage. After trimming the excess skin, the surgeon closes the incisions with fine sutures and/or metal clips. This will permit precise surgery and avoid shaving hair in the incision sites. Depending on the extent of the surgery, the process can take from two to four hours. When the procedure is performed with a combination of mild sedatives, local anesthesia, and a mild intravenous anesthesia ("twilight sleep"), the patient will experience little discomfort. Some surgeons will prefer general anesthesia for their facelifts. Following the surgery, the surgeon will apply a dressing to protect the entire area where the incisions have been made.

Actual placement of incisions varies from patient to patient and is dependent on the surgeon's judgment for that patient.

The trend in facelifts is to have surgery at a younger age. The typical patient is likely to be in her 40s or 50s and she may be just beginning to see some signs of aging. Some swelling and bruising are expected after a facelift, but much of it will diminish within the first week or two.



What to Expect After the Surgery

Even though most patients experience minimal pain after surgery, the surgeon will still prescribe medication. Some degree of swelling and bruising is unavoidable, and your surgeon may instruct you to use cold compresses to keep swelling to a minimum. If a dressing has been applied, it will be removed within one to two days. The surgeon will also instruct you to keep your head elevated when lying down, to avoid as much activity as possible, and to report any undue discomfort. Although there are few complications in facelift surgery (thousands are performed each year), some risk exists in any surgery. In some cases, a drainage tube may have been inserted during surgery. This will be removed on the first or second day after surgery. All sutures and staples are usually removed within five to 10 days following surgery.

Surgeons generally recommend that patients avoid vigorous activity. Recovery usually takes two to three weeks, though many patients go back to work in two weeks. Scars are usually

not noticeable after enough time has passed for them to mature. In any case, they are easily disguised in natural skin creases, by the hair, or, in persistent cases, by makeup until total healing has occurred. Since surgery does not stop the aging process some relaxation of tissues can occur over the first few weeks. The goal of an artistic facelift is natural beauty without the tell tale signs of being "overdone".

Lasik and SuperSight Surgery Centre



WHAT IS A SUPERSIGHT SURGERY? SuperSight Surgery is an ideal procedure for people who are over 45 years of age with vision problems, including short sighted or long sighted or both and sick of wearing reading or bifocal glasses (even if you have had LASIK surgery in the past).

SuperSight surgery procedure, by which the failing natural lenses in the eyes, which now optically inefficient, were replaced by the latest development, soft and well-flexible intra-ocular lenses, which are designed to give most patients the ability to perform their normal activities. The procedure may also involve laser correction of the corneal curvatures to decrease astigmatism where indicated.

Consequently, your vision after the procedure will be stable and unlikely to change over time. In addition, cataract surgery is unnecessary later in life.

BEAUTIFUL SMILE CAN PROFESSIONALLY AND SOCIALLY BRIGHTEN YOUR LIFE

Currently, innovation in dentistry such as materials, procedures and technologies are dramatically progressive which can help dentists to provide greatly fantastic smile to the patients more easily.

- Dental Implantation
- Brite Smile Teeth whitening
- Porcelain Crowns & Porcelain Fused To Metal Crowns
- Porcelain Dental Veneers
- Fixed Bridges
- Dentures
- Inlay & Onlay
- Filling & restoration with Bonding
- Orthodontic Treatments
- Full Mouth Rehabilitation
- Endomicroscope (Innovation in Dental treatment)

Thailand Dental Examples		
Treatment	Approx price	
	NZ Conversion Rate	28
	THB	NZD approx
Cosmetic Dentistry		
Laser teeth whitening	10000	\$ 357
Britesmile teeth whitening	18000	\$ 643
Composite veneer / direct bonding	5000	\$ 179
Porcelain veneer / Empress system	12000	\$ 429
Prosthetic Dentistry		
Crown (porcelain fused to metal)	5000	\$ 179
Crown (all porcelain - metal free)	18000	\$ 643
Full denture (upper or lower jaw)	16000	\$ 571
Partial denture - plastic base / from 1 - 7 teeth	8000	\$ 286
Partial denture - metal framework	18000	\$ 643
Dental Implant(s) - Immediate function from Nobel Biocare USA		
Single tooth dental Implant with speedy groovy system	75000	\$2,679
All on 4TM (all teeth on 4 implants per jaw)	350000	\$12,500
All on 6TM (all teeth on 6 implants per jaw)	430000	\$15,357
Zygomatic implantTM (full jaw implants for severe bone loss cases)	600000	\$21,429
Restorative Dentistry		
Tooth Coloured Filling (1 surface)	1300	\$46
Tooth Coloured Filling (2 surfaces)	1700	\$61
Tooth Coloured Filling (3 surfaces)	2100	\$75
Oral Surgery		
Tooth extraction	1800	\$64
Wisdom tooth extraction	7000	\$250
Bone grafting / augmentation (not including the bone material , if needed)	30000	\$1,071
Root Canal Treatment		
Front tooth	6000	\$214
Premolar tooth	8000	\$286
Molar tooth	12000	\$429
Gum Treatment		
Regular teeth cleaning	1500	\$54
Deep root planning by gum dentist (price per quadrant)	2500	\$89

PRICES: (Estimated prices at time of print)

PACKAGE ESTIMATION :

- 14 Days plus flights from AKL and accommodation in 3* hotel from \$2199.00 (based on twin share)
- additional 2% for credit card payments
- Transfers in private vehicle to/from airport, unlimited transfer in private vehicle to from each appointment and surgery \$250NZD
- Service fee of \$250.00pp to organise, surgeon, send photographs, surgery, administration, consultation and local representative.
- All hospital packages paid direct to hospital
- Tours operate April and September on the base of a minimum of 8 persons
- Independent travellers organised for any time of year.

	price	
	THB Thai Baht	NZD
<u>Cosmetic Surgery</u>		
Breast Surgery		
Breast Augmentation:	฿100,000	3922.00
OR/ Breast Augmentation (Endoscopic)	฿120,000	4706.00
Breast Revision with new Implants	฿150,000	5882.00
	฿170,000	6667.00
Breast Lift (round block technique)	฿122,000	4784.00
OR/ Breast Lift (inverted T-vertical technique)	฿132,000	5176.00
Breast Lift and Implant (round block technique)	฿140,000	5490.00
Breast Lift and Implant (inverted T-vertical technique)	฿155,000	6078.00
Breast Reduction (simple case)	฿140,000	5490.00
Breast Reduction (complicated case)	฿160,000	6275.00
Breast Reduction& Lift (inverted T-vertical technique)	฿160,000	6275.00
Removal of Breast Implants	฿70,000	2745.00
Face / Neck Lift (Rhytidectomy)		
Face Lift	฿110,000	4314.00
Neck Lift	฿95,000	3725.00
Face and Neck Lift Package:	฿125,000	4902.00
Submental Neck Lift - General Anaesthetic	฿80,000	3137.00
Submental Neck Lift - Local Anaesthetic	฿60,000	2353.00
Brow Lift (Temporal Lift) - General Anaesthetic	฿80,000	3137.00
Brow Lift (Temporal Lift) - Local Anaesthetic	฿60,000	2353.00
Brow Lift (Temporal Lift)	฿70,000	2745.00
Endoscopic Forehead / Brow Lift	฿150,000	5882.00
Forehead Lift (Coronal Lift)	฿80,000	3137.00
Face and Neck Lift with Upper & Lower Blepharoplasty (eyelid lift)	฿185,000	7255.00
Face and Neck Lift with Submental Neck Lift	฿195,000	7647.00
Eyelid Correction (Blepharoplasty)		
Upper or Lower Blepharoplasty (eyelid Lift)	฿23,000	902.00
Upper & Lower Blepharoplasty (eyelid Lift)	฿45,000	1765.00
OR/ Upper & Lower Blepharoplasty (eyelid Lift)	฿60,000	2353.00
Upper or Lower Blepharoplasty (eyelid Lift)	฿36,000	1412.00

Lip Enhancement (Collagen- 1ml syringe) +	฿21,000	824.00
Lip Augmentation with Dermal Graft	฿72,000	2824.00
Otoplasty	฿40,000	1569.00
Chin Implant	฿40,000	1569.00
Neck Liposuction	฿40,000	1569.00
Earlobe Reduction	฿40,000	1569.00
Botox on forehead	฿12,000	471.00
OR/ Restylane filler	฿18,000	706.00
Nose Reshaping (Rhinoplasty)		
Rhinoplasty Correction	฿80,000	3137.00
	฿130,000	5098.00
Alarplasty (Nose trimming)	฿27,000	1059.00
Rhinoplasty Augmentation	฿30,000	1176.00
Rhinoplasty Augmentation & Trimming (Alarplasty)	฿42,000	1647.00
Body Contouring		
Mini Abdominoplasty (mini tummy tuck):	฿80,000	3137.00
Abdominoplasty (tummy tuck):	฿130,000	5098.00
Extended Abdominoplasty (anterior & posterior tummy tuck)	฿150,000	5882.00
	฿180,000	7059.00
Liposuction		
Vaser Liposuction (arms):	฿77,000	3020.00
Vaser Liposuction (neck & chin):	฿62,000	2431.00
Vaser Liposuction (abdomen & waist):	฿75,000	2941.00
Liposuction (thighs & buttocks):	฿87,000	3412.00
Vaser Liposuction (back & hips)	฿75,000	2941.00
Vaser Liposuction (thighs/ both inner & outer / both sides)	฿75,000	2941.00
OR/ Liposuction (additional area at the same time):	฿65,000	2549.00
Vaser Male Breast Liposuction	฿80,000	3137.00
Other Procedures		
Buttocks Implant	฿220,000	8627.00
Thigh Lift / both sides	฿110,000	4314.00
Buttock Lift (both sides)	฿110,000	4314.00
Arm Lift (Brachioplasty) / both sides	฿122,000	4784.00
Laparoscopic Inguinal Hernioplasty	฿160,000	6275.00
Extra nights in hospital if required	฿20,000	784
Labiaplasty	฿55,000	2157.00
Hair Transplant (per graft)	฿80	3.00
Lasik	฿62,000	2431.00
Supersight surgery	฿200,000	7843.00

To be able to give you a more definite plan, please email some close-up photos, OPG or panoramic x-rays

Or a recent quotation so our specialist can give you a more accurate assessment.

Payment for the treatment is made direct to the clinic just prior to the procedures

(After the procedures are confirmed at your consultation.)



New life, a new you. Helping you every step of the way.

Testimonials

I spent 2 weeks in Pattaya to have Breast Augmentation and Liposuction Procedures. The staff was wonderful and very professional. Dr Anuchit was very patient and professional as well. My healing process went according to details given to me and time frame. The hospital was very nice, clean and the staff very tentative. I stayed at a nearby hotel that was nearby and comfortable. I am very pleased with the outcome of my Procedures and my results. Testimonial from Rachael S

Overall experience was amazing. Doctor and staffs are very friendly and I am extremely happy with my outcome and would highly recommend to anyone. The entire experience with Dyanne, Dr. Anuchit, and all the personnel at the hospital has been fantastic. I would highly recommend to others back in Australia. The hospital facilities were very clean, well presented and seemed to be well equipped. Dyanne was very helpful and always answered all my questions and concerns.

TESTIMONIAL FROM SARAH MARONEY

My results have been unbelievable

My overall experience has been very good and I am very satisfied with my stay here. Hospital staffs are very friendly and helpful. The surgeon was excellent and I'm very happy with my surgery results. My representative has helped me and has made me feel safe and at ease with my stay at the hospital I will be recommending to friends about my experience and will be back in the near future for more surgery

TESTIMONIAL FROM LOUISE WOOD

My first time in Thailand and in surgery. The staff were amazing, gentle, caring and made sure I was comfortable at all times. I would recommend this hospital to everyone. Amazing doctors, amazing nurses, amazing experience. Thank you everyone for looking after me so well. Very happy with the outcome. Kirsten.

I have been very well looked after in the unit of Dr. Niyom and the whole various staff nurses and assistant nurses and International staff. And I think I wish to praise them all and I am very grateful with the high, very high standards of quality of care attention, consideration, healthwise which I indeed very sincerely, do appreciate

Medications to Avoid Before Surgery

The medications listed below (and potentially many others) may have an effect on your blood's ability to coagulate. Please review all your medications-both over the counter and prescription drugs-with your surgeon. In many cases, your medication will have no effect on your surgery, and you be counselled to continue with your medication as usual, but your surgeon must be aware of what you are taking and all prescriptions should be documented in your medical record. In no case should you medicate yourself with any drugs (even if they are not listed here) without the knowledge of your primary care physician and your surgeon.

Common Medications

- Aspirin (Anacin, Ascriptin, Bayer, Bufferin, Ecotrin, Excedrin)
- Choline and magnesium salicylates (CMT, Tricosal, Trilisate)
- Choline salicylate (Arthropan)
- Celecoxib (Celebrex)
- Diclofenac potassium (Cataflam)
- Diclofenac sodium (Voltaren, Voltaren XR)
- Diclofenac sodium with misoprostol (Arthrotec)
- Diflunisal (Dolobid)
- Etodolac (Lodine, Lodine XL)
- Fenoprofen calcium (Nalfon)
- Flurbiprofen (Ansaid)
- Ibuprofen (Advil, Motrin, Motrin IB, Nuprin)
- Indomethacin (Indocin, Indocin SR)
- Ketoprofen (Actron, Orudis, Orudis KT, Oruvail)
- Magnesium salicylate (Arthritab, Bayer Select, Doan's Pills, Magan, Mobidin, Mobogesic)
- Meclofenamate sodium (Meclomen)
- Mefenamic acid (Ponstel)
- Meloxicam (Mobic)
- Nabumetone (Relafen)
- Naproxen (Naprosyn, Naprelan)
- Naproxen sodium (Aleve, Anaprox)
- Oxaprozin (Daypro)
- Piroxicam (Feldene)
- Rofecoxib (Vioxx)
- Salsalate (Amigesic, Anaflex 750, Disalcid, Marthritic, Mono-Gesic, Salflex, Salsitab)
- Sodium salicylate (various generics)
- Sulindac (Clinoril)
- Tolmetin sodium (Tolectin)
- Valdecoxib (Bextra)

Blood Thinners

- Coumadin
- Warfarin sodium
- Ximlagatran
- Clopidogrel
- Plavix

Herbal Supplements

- Echinacea
- Ephedra
- Feverfew
- Fish Oil
- Garlic
- Ginko Biloba
- Ginger
- Green Tea
- Kava Kava
- St. John's Wort
- Valerian
- Vitamin E
- Vitamin C (large doses)



Terms and Conditions for Jackie Brown Travel Group Known as “Bum, Tums and Gums”

Preliminary

1. Medical and dental procedures have potential risks as well as potential benefits. For that reason, you should consider the overseas treatment option carefully. If you have any queries or concerns, discuss them with your doctor – and ask what is best for you. While it is a practical first step, the evaluation of your case which will be made remotely, using photographs and information which you will supply, does not, as is not intended to, replace an individual assessment made by a health care professional in person.

JBTG

2. JBTG is a trading name of Jackie Brown Travel Group/ Bums, Tums and Gums. Any contract which arises directly or indirectly from any promotion, from or through the JBTG website, or if a customer is introduced by a third party, is between the customer and JBTG, and not between the customer and the member of JBTG's staff or management team, with whom the customer may be dealing.

Travel Accommodation and Transfers

3. Prices shown in the JBTG website are for low season airfares and accommodation for travel. The cost of travel and accommodation will be greater during the more expensive high season. Individual travel packages are also more expensive. Once booked, the cost of airline tickets and accommodation is not refundable.

4. Airline flights are ex-Auckland. Customers outside of these cities must get themselves to their airport for outward flights or contact JBTG to arrange connecting domestic flights.

5. Until flights are actually booked with, and confirmed by, the relevant airline, flights sought on any particular date or dates and at any particular time or times, are subject to availability of seats. Tickets for flights will issue on the carriers' standard terms and conditions.

6. Hotel accommodation is also subject to availability – and is on the relevant hotel's applicable terms and conditions. You agree that, if the proposed accommodation is not available, JBTG may arrange accommodation at another hotel with the same “star” rating in the same city.

7. Flights and accommodation will be arranged for the customer by a TAANZ accredited travel agency (Travelsmart and Travel Managers). The travel agency has no financial links to JBTG, and JBTG is not liable for any errors or omissions made by the airline carrier, the hotel where it is proposed that the customer is to stay, or by the travel agency.



8. You are strongly advised to take out travel insurance before your departure. The travel agency, or your insurance broker or adviser, may be able to assist you to arrange travel insurance. Please note that most New Zealand insurers do not provide cover for problems in relation to or arising from, elective medical or dental procedures administered during travel outside of New Zealand.

9. The price does not include transfers from the airport to your hotel when you arrive at your destination and from your hotel to the airport for departure. It also does not include transport between your hotel and the hospital or dental surgery for your pre-surgery consultation (if applicable), and for the treatment itself. However the hospital will supply transfers payable direct to them.

10. Once the medical or dental team has made a preliminary assessment, we will advise you of the price for travel and accommodation in New Zealand dollars, and the expected price for the medical or dental procedure in local currency.

11. You are welcome to make your own arrangements for flights to and from, and accommodation at, the city where the procedure is to be undertaken. If you do, JBTG's fee to you for making arrangements for the procedure, is \$250.00. You should make firm arrangements for the procedure with us before finalising your own bookings – otherwise JBTG may not be able to arrange the procedure on a date which fits in with the flights and other arrangements which you have booked. JBTG's fee is payable in conjunction with your booking of the procedure.

Medical/Dental Procedure

12. The procedure will be carried out in a hospital or dental surgery, and the surgeon or dentist will consult with you and undertake a careful examination before you finally commit yourself to the procedure.

13. Subject to you making payments as stipulated, we will assist you with arrangements for a preliminary assessment and consultation. This will involve you providing photographs and/or x-ray images which will be sent to the hospital or dental surgery for examination and analysis. We will send you more information about the photographs and x-ray images. After examining the images, the hospital's medical team, or the dentistry team, will advise if you are suited to the medical or dental procedure which you seek. If the medical or dental team concludes that you are not suited for that procedure, it may suggest an alternative, which could be more costly than the price previously suggested. You can, of course, elect not to proceed.

14. The medical and dental teams have a well-developed ability to use photographs and/or x-ray images to assess a customer's suitability for particular procedures. Naturally, however, a personal consultation and physical examination must be arranged. In the unlikely event that the surgeon or dentist advises at the final consultation, that the procedure assessed from the photographs or x-ray images is not adequate for your needs, an alternative procedure may be

recommended. This may change the price. You can, of course, for any reason, elect not to proceed. If you decide not to have a procedure, there will be no charge to you for that aspect – but you must, of course, still pay for the airfares and accommodation.

Payment

15. A date or dates for consultation and surgery must be arranged and booked in advance. Dates are subject to availability. It is essential that the payments specified by JBTG are paid on the dates stipulated. Time is of the essence. If any payment is not made as required, bookings may not be made, and any bookings already made may be cancelled. Because flights and accommodation are subject to availability, JBTG will probably ask you for payment more or less immediately after you have advised the flights and accommodation that you want.

16. The price for the medical or dental procedure is payable by you to the hospital or the dental practice, in local currency. Prices given to you in New Zealand dollars are close to the local currency equivalent as at the date they are notified, or displayed on the Bums, Tums and Gums website, but the rate of exchange may alter between the date of purchase and the time of the surgery. An increase in the value of the New Zealand dollar relative to the local currency will reduce the price for the surgery in New Zealand dollar terms. A reduction in the value of the New Zealand dollar relative to the local currency will increase the cost of the surgery in New Zealand dollar terms.

Our Position

17. JBTG assists customers to arrange cosmetic surgery and dental surgery in Asia. The cosmetic surgery and associated medical treatment is provided by medical professionals, and the dental procedures are provided by qualified dentists. JBTG does not itself provide or supply the cosmetic surgery, the medical treatment, or the dental treatment, and JBTG's services are provided, and you proceed, strictly on the basis that:

(a) you have assessed the implications and risks of undertaking treatment in Asia on your own, without being influenced or persuaded to do so by JBTG ; and

(b) you acknowledge and accept that the role of JBTG is limited as set out above, and that JBTG is not responsible or liable for the quality or efficacy of any procedure or treatment, or for any injury or defect or disability or difficulty which occurs during, or arises after or as a consequence of, any procedure or treatment or any action or inaction on the part of the treatment provider or personnel, before, during, or after the procedure or treatment; and

(c) you release JBTG from any and all responsibility and liability that JBTG might otherwise have had in relation to any procedure or treatment.



JBTG JACKIE BROWN TRAVEL GROUP JACKIEBROWN-TRAVEL@OUTLOOK.COM

NEW PATIENT REGISTRATION FORM

HN _____ (Hospital number (Hospital number/This will provided after confirming surgery))

Personal Information

Passport number:

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Allergy to:

<input type="checkbox"/>	Drug	<input type="checkbox"/>	Not Known	<input type="checkbox"/>	None	<input type="checkbox"/>	Yes Please specify
<input type="checkbox"/>	Food	<input type="checkbox"/>	Not Known	<input type="checkbox"/>	None	<input type="checkbox"/>	Yes Please specify
<input type="checkbox"/>	Other	<input type="checkbox"/>	Not Known	<input type="checkbox"/>	None	<input type="checkbox"/>	Yes Please specify

First Name (Mr/ Mrs/Miss/Ms)

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Middle Name

--	--	--	--	--	--	--	--	--	--	--	--	--

Surname (family name)

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Gender:

<input type="checkbox"/>	<input type="checkbox"/>	Date of birth (dd/mm/yyyy)	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Male	Female								

Age:

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Marital Status

Single ☐ Married ☐ Divorced ☐ Widowed ☐

Nationality: _____

Home Address: _____

Phone: _____ Mobile: _____ Email: _____

Emergency Contact Person (Mr/Mrs/Miss/Ms): _____

Relationship: _____ Phone: _____ Mobile: _____ Email: _____

Client Signature: _____

JBTG JACKIE BROWN TRAVEL GROUP JACKIEBROWN-TRAVEL@OUTLOOK.COM

NEW PATIENT REGISTRATION FORM

HN _____ (Hospital number/This will provided after confirming surgery)

Personal Information

Passport number:

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Allergy to:

<input type="checkbox"/>	Drug	<input type="checkbox"/>	Not Known	<input type="checkbox"/>	None	<input type="checkbox"/>	Yes Please specify
<input type="checkbox"/>	Food	<input type="checkbox"/>	Not Known	<input type="checkbox"/>	None	<input type="checkbox"/>	Yes Please specify
<input type="checkbox"/>	Other	<input type="checkbox"/>	Not Known	<input type="checkbox"/>	None	<input type="checkbox"/>	Yes Please specify

First Name (Mr/ Mrs/Miss/Ms)

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Middle Name

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Surname (family name)

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Gender:

<input type="checkbox"/>	<input type="checkbox"/>	Date of birth (dd/mm/yyyy)	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Male	Female								

Age:

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Marital Status

Single ☐ Married ☐ Divorced ☐ Widowed ☐

Nationality: _____

Home Address: _____

Phone: _____ Mobile: _____ Email: _____

Emergency Contact Person (Mr/Mrs/Miss/Ms): _____

Relationship: _____ Phone: _____ Mobile: _____ Email _____

Client Signature: _____